



"Let me be One of You!" was an international training course for increasing the capacity of youth workers in their efforts to support the

social inclusion and employability of young people with communication disorders in rural areas of Eastern Europe.

The training was held by an international expert team. This event took place from 12 to 21 of July, 2013 in the "sea capital" of Bulgaria—city of Varna.



Participants were 28 youth workers from Lithuania, Latvia, Estonia, Romania, Poland and Bulgaria. They are youth advisors, project managers, logopedes and volunteers who work actively with young people with speech and language disorders in villages of Eastern Europe.



Partner organizations:

1. Asociația Specialiștilor în Terapia Tulburărilor de Limbaj din România—www.asttlr.wordpress.com;
2. Eesti Logopeedide Ühing—www.elu.ee;
3. Latvijas Universitāte, Pedagoģijas, psiholoģijas un mākslas fakultāte—www.ppf.lu.lv;
4. Logopedinės Pagalbos Centras—www.logopedaslp.lt;
5. Stowarzyszenie "Edukacja i rozwój".



Youth movement for development of the rural areas in Bulgaria

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**12-21 July, 2013
Varna, Bulgaria**

**Let me be
One of You!**



**Youth
in Action
Programme**



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ACTIVITIES

+ Group building activities:

- ⇒ Ice-breakers;
- ⇒ Get to know each other;



- ⇒ Energizers;
- ⇒ Outdoor recreational activities.

+ Acquisition of expert knowledge about the essence and applicability of the latest working methods for non-formal education of young people with speech and language disorders for encouraging their active involvement in the social processes and labor market.



+ The participants exchanged experience and developed their cooperation for innovation and good practices in their work with rural youngsters with communicational problems.



+ Getting to know new working methods to support the social integration of children and youth with special needs and their families:

- ⇒ The participants visited specialized institutions and worked with children with disabilities;



- ⇒ Discussions with experts on various therapeutic methods and their regulation in the different countries;

- ⇒ Acquiring practical skills to help to young people with speech and language problems;



+ Mixed working groups consisting of participants from different countries and role plays.



+ Presentation of "Youth in Action" Programme and possibilities which the Programme offers to young people with disadvantages and to youth organisations which work with them:

- ⇒ Programme activities and project cycle;



- ⇒ Planning of ideas for follow-up activities;

+ Intercultural learning and funs.



+ Project evaluation and farewell.

